

# Universidad Ana G. Méndez School of Social Sciences and Communications Doctoral Program in Counseling Psychology

STUDENT HANDBOOK 2021-2022

**Revised January 2021** 

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#### **Accreditation Status**

The Universidad Ana G. Méndez Gurabo Campus (formerly known as Universidad del Turabo) Counseling Psychology Doctoral Program (PSYD) is accredited by the American Psychological Association since September 27, 2016. Next accreditation site visit will be held in 2023.

Questions related to the program's accreditation status should be directed to the Commission on Accreditation.

Office of Program Consultation and Accreditation American Psychological Association 750 1st Street, NE, Washington, DC 20002 Phone: (202) 336-5979

Email: apaaccred@apa.org

http://www.apa.org/ed/accreditation

#### **Notice to Students\***

The *Graduate Counseling Psychology Student Handbook* provides norms, policies and other important information regarding the counseling psychology graduate program at Universidad Ana G. Méndez. It is not meant to supersede any of the policies and codes of conduct of the university, the *Ethics Code* of the American Psychological Association (APA) (www.apa.org/ethics), or the regulations and Ethics Code of the Puerto Rico Psychology Licensing Board. Students are responsible to read and become familiar with this handbook and all other documents pertaining to the graduate program. Universidad Ana G. Méndez and the Psychology Department reserve the right to delete, add, or change courses in this *Handbook* and in the Degree Plan for any reason and cannot guarantee enrolment in specific courses or sections.

Although the majority of the lecture courses are offered Weeknights (5:30 to 10:00pm) or Saturday all day, some lecture courses could be offered commencing at 1:00pm weekdays. Additionally, summer course and practicums may be required. Practicum courses require placement in community/clinical settings during traditional working hours (8:00am – 5:00pm) and attendance to special extracurricular activities are also required during traditional working hours (8:00am – 5:00pm). A one-year (2000 hour) or part-time two (2) year (1000 per year) internship is also required for doctorate students. Additionally, students must be able to read and understand the English language, since some instructional methods will be in English (textbooks, professional journals, online supplemental materials and quizzes/exams).

Upon admission to the graduate program, students are responsible to stay informed of all changes in policies, regulations, academic requirements and laws that will apply to them during the course of their studies in UAGM.

The faculty of the Psychology Department encourages students to place an emphasis on their own academic and professional competencies development. Courses, practicum and extracurricular activities place an important part in the development of these competencies that require personal exploration of social, cultural and diversity processes of human behavior.

The faculty members of the graduate program adhere to the *Ethics Code* of the APA and of the Puerto Rico Psychology Licensing Board. Student rights are recognized and respected by the faculty. The faculty reserves the right to request a student to engage in a psychotherapeutic relationship and may require such a relationship as a condition for remediation or re-admittance into the Program.

Students must be conscious that there are many personal and professional reasons that may prohibit them from earning a graduate degree or becoming licensed to practice psychology in the Commonwealth of Puerto Rico. Therefore, the faculty of the Program cannot guarantee either graduation from the program or licensure in the Commonwealth of Puerto Rico. However, the faculty is committed to make every effort to meet the obligations to each student to give them every opportunity to accomplish their goal of graduating from the graduate programs.

I\_\_\_\_\_\_\_\_, a student at the Universidad Ana G. Méndez graduate program, understand that

· ·	e faculty and me, the outcomes of which cannot be guaranteed. stivation, effort, and other life circumstances. I agree that I will
be responsible for adhering to all of the policies in the	this <i>Handbook, the Doctoral Centers Handbook</i> and the <i>Student</i> ree to adhere to the <i>Ethics Code</i> of the American Psychological
Applicant/Student Signature	 Date

\*adapted from OLLU Psy.D Manual

#### Comprehensive Evaluation of Student Competence\*

Professional psychologists are expected to demonstrate competence within and across a number of different but interrelated dimensions. Graduate psychology programs that educate and train professional psychologists also strive to protect the public and profession, faculty, training staff, and supervisors in such programs. Therefore, programs have a legitimate and vested interest in the comprehensive evaluation of student competence to include multiple aspects of development and functioning (e.g., cognitive, emotional, psychological, interpersonal, technical, and ethical).

Not all students understand or appreciate that multiple aspects of their professional development and functioning (e.g., cognitive, emotional, psychological, interpersonal, technical, and ethical). They will be evaluated throughout the process of education and training in professional psychology programs (e.g., masters, doctoral, internship, postdoctoral). Such comprehensive evaluation is necessary in order for faculty, training staff, and supervisors to appraise the professional development and competence of their students. This policy language attempts to (a) disclose and make these expectations explicit for students at the outset of education and training, and (b) provide an opportunity for students to determine whether they do or do not wish to participate in such processes and experiences.

As such—and consistent with a range of oversight, professional, ethical, and licensure guidelines and procedures that are relevant to processes of training, practice, and the assessment of competence within professional psychology, the APA Council of Chairs of Training Councils developed the following model policy for the comprehensive evaluation of students in professional training programs. Students and trainees in professional psychology programs (at the masters, doctoral, internship, or postdoctoral level) should know—prior to program entry, and at the outset of training—that faculty, training staff, supervisors and administrators have a professional, ethical, and potentially legal obligation to: (a) establish criteria and methods through which aspects of competence other than, and in addition to, a student-trainees' knowledge or skills may be assessed (including, but not limited to, emotional stability and wellbeing, interpersonal skills, professional development and personal fitness for practice); and (b) ensure—insofar as possible—that the student-trainees who complete their programs are competent to manage future relationships (e.g., client, collegial, professional, public, scholarly, supervisory, and teaching) in an effective and appropriate manner. Because of this commitment, and within their parameters of their administrative authority, professional psychology education and training programs, faculty, training staff, supervisors and administrators strive not to advance, recommend, or graduate students or trainees with demonstrable problems (e.g., cognitive, emotional, psychological, interpersonal, technical and ethical) that may interfere with professional competence to other programs, the profession, employers, or the public at large.

As such, within a developmental framework, and with due regard for the inherent power difference between students and faculty, students and trainees should know that their faculty, training staff, and supervisors will evaluate their competence in areas other than coursework, seminars, scholarship, comprehensive examinations, or related program requirements. These evaluative areas include, but are not limited to, demonstration of sufficient: (a) interpersonal and professional competence (e.g., the ways in which students relate to clients, peers, faculty, allied professionals, the public, and individuals from diverse backgrounds or histories); (b) self-awareness, self-reflection, and self-evaluation (e.g., knowledge of the content and potential impact of one's own beliefs and values on clients, peers, faculty, allied professionals, the public, and individuals from diverse backgrounds or histories); (c) openness to processes of supervision (e.g., the ability and willingness to explore issues that either interferes with the

appropriate provision of care or impede professional development or functioning); and (d) resolution of problems or issues that interfere with professional development or functioning in a satisfactory manner (e.g., by responding constructively to feedback from supervisors or program faculty; by participating in personal therapy in order to resolve issues or problems).

Therefore, I accept admissions to the graduate program in psychology at Universidad Ana G. Méno with the above-mentioned conditions.				
Applicant/Student Signature	 Date			
*				

<sup>\*</sup>adapted from OLLU Psy.D Manual

#### **Diversity and Non-Discrimination Policy**

The Universidad Ana G. Méndez Counseling Psychology Program (UAGM CPP) strongly values diversity and believes in creating an equitable, hospitable, appreciative, safe, and inclusive learning environment for its students. Diversity among students, faculty and supervisors enriches the educational experience, promotes personal growth, and strengthens communities and the workplace. Every effort is made by UAGM CPP to create a climate in which all staff and students feel respected, comfortable, and in which success is possible and obtainable. UAGM CPP strives to make every effort to increase awareness, dispel ignorance, and increase comfort with diverse experiences. UAGM CPP's training program includes an expected competency in diversity training, and multiple experiences are provided throughout the program to ensure that students are both personally supported and well-trained in this area.

UAGM CPP welcomes applicants from diverse backgrounds. The training program believes that a diverse training environment contributes to the overall quality of the program. UAGM CPP provides equal opportunity to all prospective students and does not discriminate because of a person's race, color, religion, sex, national origin, age, disability, sexual orientation, or any other factor that is irrelevant to success as a psychology intern. Applicants are individually evaluated in terms of quality of previous academic experience, extracurricular experiences, and fit with the doctoral program. If an applicant or student requires accommodations, he or she should contact the Vice-chancellorship of Quality of Life and Wellness to initiate this process.

The UAGM CPP's goal in diversity training is to ensure that students develop the knowledge, skills, and awareness necessary to provide competent psychological services to all members of the public. To this end, the UAGM CPP's training program requires an expected competency in individual and cultural diversity. These competencies were developed to comply with the APA's statement on Preparing Professional Psychologists to Serve a Diverse Public: ". . . professional psychology training programs strive to ensure that psychology trainees demonstrate acceptable levels of knowledge, skills, and awareness to work effectively with diverse individuals." Diversity experiences and training are interwoven throughout the training program to ensure that students are both personally supported and well-trained in this area.

Applicant/Student Signature	Date

# Program Policies Related to Trainees Who Experience Conflicts Working with Diverse Clients/Patients\*

In our Program we are committed to a training process that ensures that graduate students develop the knowledge, skills, and attitudes to work effectively with members of the public who embody intersecting demographics, attitudes, beliefs, and values. When graduate students' attitudes, beliefs, or values create tensions that negatively impact the training process or their ability to effectively treat members of the public, the program faculty and supervisors are committed to a developmental training approach that is designed to support the acquisition of professional competence. We support graduate students in finding a belief- or value-congruent path that allows them to work in a professionally competent manner with all clients/patients.

For some trainees, integrating personal beliefs or values with professional competence in working with all clients/patients may require additional time and faculty support. Ultimately, though, to complete our program successfully, all graduate students must be able to work with any client placed in their care in a beneficial and non-injurious manner. Professional competencies are determined by the profession for the benefit and protection of the public; consequently, students do not have the option to avoid working with particular client populations or refuse to develop professional competencies because of conflicts with their attitudes, beliefs, or values.

Applicant/Student Signature	Date

\*Adopted from APA (2014)

#### **Psychology Health and Technical Standards**

All Doctor of Psychology (PsyD) applicants and enrolled PsyD students are required to meet health and technical standards to be admitted to, participate in, and graduate from the psychology program of Universidad Ana G. Méndez (UAGM) Gurabo Campus. Because the PsyD degree signifies that the holder is a psychologist prepared for entry into the practice of a broad range of psychological practices, and that he/she has met the requirements to enter a variety of diverse postgraduate training programs, UAGM Gurabo graduates must have the knowledge, skill and capability to fully perform and function in a broad variety of clinical situations. UAGM Gurabo students and graduates are trained and must demonstrate competency to provide a wide spectrum of psychological care.

A candidate, as well as an enrolled student for the MPsy and PsyD degrees, must have abilities and skills in the areas described below and meet the standards as an obligation to patients with whom they will interact as a psychologist in training, as well as to society upon graduation.

The UAGM Counseling Psychology Program acknowledges the Americans with Disabilities Act (ADA) and Section 504 of the 1973 Vocational Rehabilitation Act and at the same time affirms that technical standards and attributes must be present in all prospective candidates to the MPsy and PsyD degrees. Students with or without disabilities applying to UAGM Gurabo Counseling Psychology Graduate Programs will be expected to have met the same requirements and will be held to the same fundamental standards. Every reasonable attempt will be made to facilitate the progress of students where it does not compromise the psychology program standards or interfere with the rights of other students and patients. Although acceptable accommodations can be made to deal with some documented handicaps, a candidate to the MPsy and/or PsyD degrees must be able to perform in an independent manner, either with or without reasonable accommodation for any disability the individual may have. The UAGM Gurabo counseling psychology program believes that a reasonable accommodation that involves the use of an intermediary that would in effect require a student to rely on someone else's power of selection and observation implies that the student's actions, decisions and judgment are mediated by someone else and are not a result of the student's own abilities. The use of this intermediary constitutes cognitive support, substitutes for essential intellectual and clinical skills and supplements clinical and ethical judgment, thus, is not appropriate for the student's achievement of the curricular goals.

Enrolled students who are unable to meet these standards may be subject to dismissal. All candidates for the MPsy and/or PsyD degrees must possess essential skills, abilities and aptitudes necessary to complete the psychology program curriculum successfully in four major areas:

- Observation
- Communication
- Conceptual, Integrative and Quantitative Abilities
- Behavioral and Social Attributes

The technical standards consist of:

#### Observation

Psychological diagnosis is based upon a psychologist's ability to see, hear and interact with patients. Candidates and enrolled student must be able to directly observe patients in order to diagnose. Direct observation of body stature, body position, facial expression, etc., are a few examples

of the necessary capabilities a student must have to master the requirement of psychological diagnosis. Candidates must be able to observe demonstrations, experiments and patients in the basic and clinical sciences. This includes, but is not limited to, the ability to observe a patient accurately at a distance and close at hand. Observation requires the functional use of the sense of vision and somatic sensations. Thus, the use of a trained intermediary will fail to meet this requirement.

#### Communication

Candidates and enrolled students must be able to speak, hear and observe patients in order to elicit information; describe changes in mood, activity and posture; and perceive nonverbal communications. A candidate must be able to communicate effectively and sensitively with patients and other health care professionals. Communication (in Spanish and English) includes speech, hearing, reading and writing. A candidate must be able to communicate effectively and sensitively in verbal and written form with all members of the health care team. Thus, the use of a trained intermediary, especially in an emergency situation, will fail to meet this requirement.

#### **Conceptual, Integrative and Quantitative Abilities**

Candidates and enrolled students must possess conceptual, integrative and quantitative abilities, including measurement, calculation, reasoning, analysis and synthesis. Problem solving, the critical skill demanded of psychologists, requires all of these intellectual abilities. In addition, candidates must be able to comprehend three-dimensional relationships and understand the spatial relationship of structures. Candidates and enrolled student must be able to sit in a classroom and participate in a full 10-hour day. The practice of psychology requires periods of distinct concentration in intake, therapy and assessment settings. Candidates and enrolled students must be capable of extended periods of intense concentration and attention. Candidates and enrolled student who are incapable of intense concentration (with or without reasonable accommodations) do not meet this requirement.

#### **Behavior and Social Attributes**

Candidates and enrolled students must have the emotional health required for full use of the intellectual abilities, the exercise of good judgment, the prompt completion of all responsibilities, attendant to the assessment and care of patients, and the development of mature, sensitive and effective relationships with patients. Candidates and enrolled students must be able to tolerate physically and mentally taxing workloads and to function effectively under stress. They must be able to adapt to changing environments, display flexibility and learn to function in the face of uncertainties inherent in the clinical problems of many patients. Compassion, integrity, concern for others, interpersonal skills, interest and motivation are all personal qualities that will be assessed during the admission and educational processes.

I have read the above statement and certify by my signature, that to the best of my knowledge I do no
have any physical limitations that will impair the completion of the full psychology curriculum courses,
electives, practicums, internships and other program requirements.

Date

Applicant/Student Witness Date

#### **Psychology Program**

#### **History of the Psychology Program**

The Department of Psychology began by offering an undergraduate degree. The Master in Counseling Psychology program accepted its first class in the year 2000. By the mid-2000, a Master's in School Psychology was integrated. The Doctor of Psychology (PsyD) in Counseling Psychology program began admitting students in spring 2006.

#### **Core Faculty**

- **Dr. Silma Quiñones**, Associate Professor, Program Chair, Director of Clinical Training Counseling Psychology Program. (787)743-7979
  - Dr. Quiñones has a BA in Psychology and MA in Clinical Psychology from University of Puerto Rico, Río Piedras campus and a PhD in Counseling Psychology from the Professional School of Psychological Studies, San Francisco, California.
  - Dr. Quiñones Teaches: Counseling Psychology Models & Techniques, Advanced Group Counseling, Marriage & Family Counseling, Consultation & Supervision and Diversity.
- **Dr. Jorge E. Berrios-Lugo**, Assistant Professor, Department Chair, Liberal Arts Academic Division. (787)743-7979
  - o Dr. Berrios earned his BS in Natural Science from University of Puerto Rico at Cayey and a Doctoral Degree with academic distinction in Clinical Psychology from Ponce School of Medicine. He completed an internship in Clinical Neuropsychology at the San Juan City Hospital and completed a one-year postdoctoral residency in Clinical Neuropsychology at "Consultores Psicológicos" de Puerto Rico.
  - Dr. Berrios teaches: Cognitive Assessment, Advance Psychopathology and Objective Personality Assessment, and practicum supervision.
- **Dr. Edward H. Fankhanel**, Associate Professor. (787) 743-7979
  - Dr. Fankhanel earned his BA from University of Miami, and two master's Degrees (Counseling Psychology and Criminal Justice) from Inter American University of Puerto Rico. He also has two doctorate degrees: EdD in Counseling Psychology from Argosy University, Sarasota, Florida and PhD in Clinical Sexology from the American Academy of Clinical Sexologists. Additionally, he has a Certificate of Advance Professional Competence in Forensic Psychology from Carlos Albizu University, San Juan Campus. He is the former president of the ethics committee and past president of the PR Psychology Board of Examiners.
  - Dr. Fankhanel teaches: Ethics, Professional Issues in Counseling Psychology, Evidence-based Practices in Individual Counseling, Atypical Sexual Behaviors, Psychological Interventions for LGBTT Individuals and Substance Abuse Counseling.
- **Dr. Vidamaris Zayas**, Assistant Professor, UAGM Psychology Internship Program Director.

- o Dr. Vidamaris Zayas earned a BA in Psychology from the University of Puerto Rico, Cayey, and a PsyD in Clinical Psychology from Carlos Albizu University, San Juan Campus.
- o Dr. Zayas teaches: Practicum courses.
- Dr. Jessica Velázquez, Assistant Professor, Director Universidad Ana G. Méndez Psychology Service Clinic.
  - Dr. Velázquez earned her BA, in Psychology, Master's and Doctorate Degrees in Counseling Psychology from Universidad del Turabo.
  - o Dr. Velázquez teaches: Psychopathology and practicum supervision.
  - **Dr. William Casper,** Professor, Psychology Program.
    - Dr. Casper earned a PhD in Clinical Psychology from Universidad Complutence de Madrid, Spain.
    - Dr. Casper teaches: Personality.
  - Dr. Maria del Carmen Santos, Professor, Dean, School of Social Sciences and Communications.
    - Dr. Santos earned a BS in Chemistry from the University of Puerto Rico, Mayaguez campus, and a MS and PhD in Clinical Psychology from Carlos Albizu University, San Juan Campus.
    - Dr. Santos teaches: Biological Basis of Behavior, Neuropsychological Evaluation, Human
       Growth & Lifespan Development, and Cognitive Assessment.
  - Dr. Úrsula Aragunde Kohl, Associate Professor, Graduate Practicum Coordinator
    - Dr. Úrsula Aragunde Kohl earned her BA from the University of Puerto Rico, Río Piedras, Puerto Rico; and Master's Degree (Clinical Psychology) from Carlos Albizu University, San Juan, Puerto Rico. She has a doctorate degree: PsyD in Clinical Psychology from Carlos Albizu University, San Juan, Puerto Rico. Additionally, she assisted Graduate Studies in Experimental Psychology in Bavarian Julius-Maximilians University- Würzburg, Germany.
    - Dr. Úrsula Aragunde Kohl teaches: Fundaments of Investigation, Animal Assisted
       Therapy: Animals as co-therapists in Health Care Settings, Program Evaluation and
       Introduction to Learning Theory, Behavioral and Motivational Psychology, consultation
       & Supervision.
  - Dr. Francisco Millán-Torres, Assistant Professor, Master's in Counseling Psychology Coordinator, Counseling Psychology Program. (787)743-7979
    - Dr. Millán earned his Master's and Doctorate degree in Counseling Psychology at Universidad Ana G. Méndez. Has been in private practice.
    - Dr. Millán teaches: Core courses in Counseling and practicum supervision. He is the coordinator of the master's in counseling psychology program.

#### **Adjunct Faculty**

- Frances Figueroa, PsyD Clinical Psychology
- Ray Rivera, PhD Industrial/Organizational Psychology
- Juan Figueroa, PsyD Clinical Psychology

- Maria Navarro, PsyD Counseling Psychology
- Nirka Morales, PsyD Counseling Psychology
- Raquel López, PsyD Counseling Psychology

### **Contributing Faculty**

- Carol Romey, PhD Clinical Psychology
- Georgina Candal-Segurola, Esq. Attorney, Retired Judge, Superior Court Puerto Rico

#### Mission of Universidad Ana G. Méndez

The mission of Universidad Ana G. Méndez (UAGM) responds to the Ana G. Méndez University System (AGMUS Vision 2015). It is to enhance knowledge through excellence in teaching, and foster research, innovation, and the internationalization of its programs. The University is committed to graduate well-educated, professionally competent students, who can think critically and are technologically literate. It promotes the development of ethical principles and values that allow students to contribute to the well-being of the community through their knowledge of social systems and their role as responsible citizens. (http://www.suagm.edu/turabo/)

#### Vision of Universidad Ana G. Méndez

The Vision of Universidad Ana G. Méndez is to become a quality learning community committed to enhance education among the student body, promote advanced technology, and project academic offerings internationally.

The mission and vision of Universidad Ana G. Méndez emphasize technological literacy, ethical principles, research, collaborative agreements, nontraditional learning methods, faculty and managerial development. They reflect UAGM's commitment with their accomplishment, as well as to the development and improvement of the institution. They are included in the 2011-2015 Strategic Development Guidelines, Institutional Annual Work Plan and school plans.

#### Universidad Ana G. Méndez Center for Graduate Studies & Research (CGSR)

The CGSR at Universidad Ana G. Méndez (UAGM) Gurabo Campus is an administrative unit that provides services to students who attend doctoral studies. The CGSR interacts with each school that has doctoral degrees assisting in the admission, registration, accreditation, licensing, creating new programs and enforcement of academic standards. It also conducts activities to promote and support scientific research and professional development of faculty and graduate students. Its mission is to foster ideal conditions for students enrolled in doctoral programs, facilitating access to resources and services, and encouraging scientific and academic experiences, in conjunction with schools and service units.

#### **Liberal Arts Academic Division**

#### Mission

The Liberal Art Academic Division at Universidad Ana G. Méndez Gurabo Campus promotes excellence in teaching, research and respect for human rights and diversity in its undergraduate and graduate professional programs. Through practical experience, students are educated in the use of technology, the media and the application of theoretical and methodological skills from an interdisciplinary perspective. We train ethical and responsible professionals, committed to critical analysis and intervention with social problems that contribute to the well-being and development of local and international societies.

#### Vision

To develop productive and effective members of the global community with a professional, social, ethical and humanistic foundation

#### **General Objectives**

The general objectives in all Liberal Arts Academic Division curriculum and programs are to:

- 1. Maintain academic excellence through study, teaching and social research.
- 2. Promote the knowledge and preservation of Puerto Rican and universal cultural values.
- 3. Develop the understanding that collaboration is necessary to achieve the sharing of ideas within disciplines, institutions, communities and nations.
- 4. Develop communicative competency in Spanish and English.
- 5. Develop the capacity to analyze problems and seek solutions.

  Promote understanding of the human condition, helping students to view the world with compassion and promoting responsible and ethical behavior.

#### **Doctoral Program in Counseling Psychology**

#### Mission

The mission of the Graduate Program in Counseling Psychology at the Universidad Ana G. Méndez Gurabo Campus is to provide quality education and training in applied professional psychology. Facilitate and promote the teaching of theoretical, methodological, scientific, practical and ethical based knowledge that will enable students to develop competencies for the effective practice in counseling psychology, thus, enhancing human well-being.

#### Philosophy and Training Model

The graduate program in Counseling Psychology at the Universidad Ana G. Méndez Gurabo Campus is wholly committed to the foundational values of the discipline of Counseling Psychology. In pursuing such values, we base our educational training philosophy on the Model Training Program in Counseling Psychology (Murdock, Alcorn, Heesacker, & Stoltenberg, 1998), and on the core themes of the counseling psychology discipline initially presented by Gelso & Fretz (2002). These themes were further elaborated and adopted by the Council of Counseling Psychology Training Programs (CCPTP) to uniquely identify the characteristics of counseling psychology programs. Additionally, our training program incorporates the National Council of Schools & Programs in Professional Psychology (NCSPP) (Peterson, Peterson, Abrams, & Stricker, 1997) competencies for professional psychologists.
Furthermore, our program also adheres to the Counseling Psychology Model Training Values Statement Addressing Diversity which was endorsed by the American Counseling Center Training Agencies (ACCTA), the Council of Counseling Psychology Training Programs CCPTP, and the Society for Counseling Psychology (SCP) in August 2006.

The program adopted the model of training set up by the APA's Vail Conference on psychology training. Such standards emphasize the direct delivery of professional and ethical services in psychology and the evaluation and improvement of services for Psy.D programs (APA, 1973; Fretz, 1974).

Although the Vail conference focuses on a scholar-practitioner model, the program at the Universidad Ana G. Méndez Gurabo Campus is practitioner base, integrating major models of evidence-based interventions. The Program incorporates the scientific methods to enhance the clinical training in the direct delivery of psychological services. To demonstrate competencies in both, direct delivery of clinical services and the integration of scientific knowledge to the practice, students must demonstrate competence in the clinical areas of intervention (psychological assessment, counseling and psychotherapy) and competence in the evaluation of research as it relates to evidence-based practices of the profession. The program emphasizes on an integrative model of psychological training.

The training curriculum is geared on a sequential coursework, practicum, socialization with faculty and community of professionals that enable the students to learn and grow in the professional competencies under an atmosphere of respect and values. The curriculum is structured to sequentially increase the complexity of knowledge and skills needed to attain entry level counseling psychology competencies. In doing so, it is designed to prepare students for lifelong education, which is required to be an effective and successful professional in counseling psychology.

#### Competencies\*

The PsyD Program is designed to facilitate the development of seven core competencies. The following excerpt, as presented initially by Bent (1991, pp. 78-79) and from NCSPP (2002) define these competencies:

- 1. Relationship is the capacity to develop and maintain a constructive working alliance with clients. Relationship is seen as foundational for the development of the remaining competencies.
- 2. Assessment is an ongoing, interactive, and inclusive process that serves to describe, conceptualize, characterize, and predict relevant aspects of a client.
- 3. Intervention involves activities that promote, restore, sustain, or enhance positive functioning and a sense of wellbeing in clients through preventive, developmental, or remedial services.
- 4. Research and Evaluation involve a systematic mode of inquiry involving problem identification and the acquisition, organization, and interpretation of information pertaining to psychological phenomena. Professional psychologists systematically acquire and organize information about psychological phenomena and often engage in the general practice of science. In addition, psychologists are aware of evidence-based practices, are knowledgeable of, and can critically evaluate empirical literature relating to evidence-based practices.
- 5. Consultation is a planned, collaborative interaction that is an explicit intervention process based on principles and procedures found within psychology and related disciplines in which the professional psychologist does not have direct control of the actual change process. Education is directed facilitation by the professional psychologist for the growth of knowledge, skills, and attitudes in the learner.

- 6. Supervision is a form of management blended with teaching in the context of a relationship directed toward the enhancement of the competence of the supervisee.
- 7. Diversity refers to an affirmation of the richness of human differences, ideas, and beliefs. An inclusive definition of diversity includes but is not limited to age, color, disability and health, ethnicity, gender, language, national origin, race, religion/spirituality, sexual orientation, and social economic status, as well as the intersection of these multiple identities and multiple statuses. Exploration of power differentials, power dynamics, and privilege is at the core of understanding diversity issues and their impact on social structures and institutionalized forms of discrimination (NCSPP, 2002, p. 1).
- Bent, R.J. (1991). The core competency areas. In Peterson, R.L., McHolland, J.D., Bent, R.J.,
  Davis-Russell, E., Edwall, G.E., Polite, K., Singer, D.L., & Stricker, G. (Eds.) The core curriculum in professional psychology. (pp. 77-81). Washington, DC: American Psychological Association.
- National Council of Schools and Programs of Professional Psychology. (2002). Diversity competency. Adopted at the NCSPP Summer Conference, Chicago, Illinois.
  - \*Obtained from St. Thomas University Psy.D Counseling Psychology Student Handbook

#### **Program's Aims & Competencies**

The CPP is committed to contribute to the general wellbeing of our community and the overall health services provision system. We aim to uphold to the highest standards of our profession and to be responsive to the changing needs of our society.

- I. To train Health Service Psychologists with the required knowledge and skills for the ethical and competent evidence-based practice of Counseling Psychology
  - a. Competencies
    - i. Research
      - 1. Integrates the knowledge learned thru scientific methodology with the clinical skills needed for competent practice of the profession.
      - 2. Interpretation of scientific literature and ability to use scientific inquiry methods to solve practical problems encountered in their clinical practice.
      - 3. Evaluation of research-based professional literature.
    - ii. Ethics
      - 1. Students will demonstrate understanding of ethical and legal principles of the profession.
      - 2. Demonstrate ability to identify, assess, and resolve ethical dilemmas across the range of professional psychological activities.

#### iii. Assessment

1. Identifies appropriate psychological tools to conduct assessments, specific to client needs, taking into consideration culturally

- relevant norms, and standardization procedures. Adequately administer psychological assessment tools.
- 2. Use proper psychodiagnostic methods to gather the data needed for developing treatment strategies.
- 3. Interprets and integrates results of psychodiagnostic tools.

#### iv. Intervention

- 1. Articulate proper theoretical framework for treatment planning and counseling and psychotherapy interventions.
- 2. Demonstrate skills in conducting therapy/psychological counseling sessions.

#### v. Professional Values

1. Demonstrate behaviors congruent with attitudes and values of a Health Service Psychologist.

#### vi. Supervision

- 1. Identifies the main clinical supervision models.
- 2. Keeps abreast of ethical and legal concerns in supervision activities.

#### vii. Consultation

- 1. Identifies the main consultation models.
- 2. Keeps abreast of ethical and legal concerns in consultation activities.
- II. The Program aims to ensure transformative learning that leads to the acceptance of our students and client's diversity and the commitment to social justice
  - a. Competencies
    - i. Diversity
      - 1. Integrates knowledge and competencies in the treatment planning and intervention with diverse clients
    - ii. Interpersonal Skills
      - Demonstrate effective communication skills by maintaining proper and professional relationships with peers and other recipients of our services
    - iii. Interprofessional Skills
      - Demonstrates ability to compare among existing consultation models
      - 2. Demonstrate ability to work as part of a multidisciplinary team and other health related professionals.

#### **Curriculum Revision (Effective August 2021)**

The curriculum revision was made following the American Psychological Association (APA) Standard on Accreditation competencies required for entry level counseling psychologists. These areas of knowledge and competency development must be attained

throughout the training program. Having a graduate program that offers all these competencies is one of the most important requirements for APA accreditation.

Since APA accreditation sees all graduate work (masters and doctoral degrees) in a continuum of advance complexities, the required competencies must be attained throughout the entire graduate program. The Graduate Program in Counseling Psychology at the Universidad Ana G. Méndez offers a Master's degree in counseling psychology, which allows, under current law, for graduates to sit for licensing examination in Puerto Rico. Therefore, the Program has established a continuum of sequential complexities in professional competencies that commence at the master's level and culminate at the doctoral level. As such, competencies acquired at the master's level are needed as a pre-requirement for admission in the doctoral (Psy.D) program where those competencies are not originally introduced but further enhanced by doctoral courses and practicum.

The specific areas of competencies required by APA are:

- 1. Biological aspects of behavior
- 2. Cognitive aspects of behavior
- 3. Affective aspects of behavior
- 4. Social aspects of behavior
- 5. History and systems of psychology
- 6. Psychological measurement
- 7. Research methodology
- 8. Techniques of data analysis
- 9. Individual differences in behavior
- 10. Human development
- 11. Dysfunctional behavior/psychopathology
- 12. Professional standards and ethics
- 13. Theories and methods of assessment and diagnosis
- 14. Theories and methods of effective interventions
- 15. Theories and methods of Consultation
- 16. Theories and methods of supervision
- 17. Theories and methods of evaluating the efficiency of interventions
- 18. Issues of cultural and diversity that are relevant to all the above
- 19. Attitudes essential for lifelong learning, scholarly inquiry, and Professional problem solving.

Keeping these competencies in mind, the program revision has produced the following curriculum revision.

#### **Doctorate in Psychology with specialty in Counseling Psychology**

(Effective August 2021)

#### **Admission Requirements**

#### 1. Students applying from a Bachelor Degree

- i. Bachelor degree in Psychology or other health related area
  - i. 15 credits or equivalent in courses in psychology; 3 credits in statistics, 3 credits in research or equivalent, 9 credits in psychology related courses
- ii. Grade Point Average
  - i. 3.00 for students with major in psychology
  - ii. Average of 3.25 in the 15 credits required in psychology in degree is other than psychology

#### 2. Students applying with a master degree in psychology (clinical, counseling or school)

- i. A master's degree in counseling or clinical psychology.
- ii. Applicants must have completed the following courses, or the equivalent, at the master's level, no more than five (5) years from the time of application to the PsyD Program at UAGM Gurabo\*:
  - a. Theories of Personality or equivalent
  - b. Human development
  - c. Statistics
  - d. Research methods
  - e. Psychopathology
  - f. Cognitive assessment
  - g. Biological bases of behavior
  - h. Social Psychology
  - i. Counseling Models and Techniques
  - j. Test Construction
- iii. GPA 3.00 at the master's level
- 3. Optional: Graduate admission exam: EXADEP or GRE
  - i. GRE: equal or above the score equivalent to the 50 percentile as published by ETS in the exam reports for the respective cultural cohort
- 4. Three letters of recommendations (<u>two from professors and one from a professional</u>; letters from relatives are not acceptable.)
- 5. Curriculum Vitae
- 6. Witten essay & Case conceptualization
- Oral interview

All of the above requirements are scored, and admissions will be offered to those with the highest scores until all program admission quotas is achieved or until the student with lowest possible score recommended by the faculty is reached in the scored list. Admission to the program may not be deferred to subsequent years.

<sup>\*</sup>Students MUST submit a copy of all course's syllabus to the Program Director for assessment and approval of equivalency PRIOR TO ADDMISSIONS to the PsyD Program.

Our program encourages applicants from diverse areas including, but not limited to: age, disability, ethnicity, gender, gender identity, language, national origin, race, religion, culture, sexual orientation, and social economic status.

#### **Doctoral Level Course Transfers**

Prior to admissions to the doctoral program, the student must submit all course syllabus of the courses they wish be considered for transfer from another doctoral program. Student may transfer up to 12 semester credits. Final approval of courses will be made by the Program Director upon recommendation of the appropriate faculty members. Practicum courses are not accepted from other institutions. All transferred students must take all practicum courses at UAGM.

#### **Admissions**

Upon admission to the doctoral program, each student is assigned an advisor who will assist students in determining an appropriate course sequential program taking into consideration course that have been approved for transfer, if any. Students are responsible for meeting with their advisers each semester before every registration to assure adequate sequential planning. Students may petition the Program Director for a change in advisor by documenting appropriate reasons for it.

#### **Course/Class Cancellation**

UAGM reserves the right to cancel any class for which sufficient enrollment was not attained.

#### **Disability Statement**

Students with documented disabilities who may need classroom accommodations should make an appointment with the Quality and Student Welfare office for proper certification prior to program notification and request.

#### **PsyD Curriculum and Degree Plan**

The PsyD curriculum at UAGM follows the program requirements outlined in the 2017 APA CoA Standards of Accreditation in Health Service Psychology. This curriculum provides a foundation of training and knowledge necessary for students to meet competency standards expected for entry-level professional practitioners in psychology.

Academic course requirements are semester credit hours. At the PsyD students will have completed six (6) practicums with at least 1100 hours (including at least 80 hours of research related experience) and a 2000-hour internship.

#### **Master Degree in Psychology Requirements**

Licensing requirements for Counseling Psychologists in Puerto Rico are met at the Master's level, which require a Novice and Intermediate level of competencies. The PsyD program will grant a master degree in psychology (MPsy) with specialty in Counseling Psychology to those students who complete the following requirements:

- a. Satisfactory approval of 52 credits (See table 1 for list of required courses)
- b. Approval of PSYC 550, PSYC 551, CPSY 904 & CPSY 907 Practicum courses and a minimum of 530 of practicum hours
- c. Approval of Comprehensive Exam (TEST 500-1)

Table 1.

Required Courses for completion of Master Degree in Psychology

Code	Course Name	Credits
PSYC 500	Human Growth & Development	3
PSYC 520	Biological Bases of Behavior	3
PSYC 502	Applied Statistic in Psychology	3
PSYC 503	Theories of Personality	3
PSYC 504	Psychopathology	3
PSYC 505	Cognitive Assessment	4
PSYC 508	Test Construction	3
PSYC 530	Research in Psychology	3
PSYC 801	Ethics and Professional Issues	3
PSYC 806	History and Systems in Psychology	3
CPSY 601	Found, Model & Techniques in Counseling Psychology	3
CPSY 804	Professional Issues in Psychology	2
CPSY 832	Evidence Based Practices	3
CPSY 833	Group Counseling	3
PSYC 550	Practicum I	3
PSYC 551	Practicum II	3
CPSY 904	Advanced Doctoral Practicum I	2
CPSY 907	Advanced Doctoral Practicum II	2
TEST 500-1	Comprehensive Exam	0
	Total	52

#### Student Annual Performance Evaluations

The advisor must evaluate each student every semester. The evaluation is comprehensive in nature and it's a reflection of the faculty assessment of students' accomplishments. It further provides recommendations for growth in academic performance, ethical standards, scholarly activity, clinical skills, professionalism, personal attributes and work habits. It also covers compliance with course sequential and general program requirements.

Advisors discuss the evaluation with their students who are required to acknowledge that they have read the review and had an opportunity to discuss it with their advisor. The reviews are placed in student's files. Students who are not in agreement with the evaluation may petition the Program Director for a review.

A yearly evaluation is conducted for each student by the entire core faculty. Such evaluation will include all required competencies established by the program. Failure to pass all competencies will be subject to one or several courses of action, which may include: Academic probation, suspension, or expulsion from the program. A remedial plan for the first two (2) options will be required. This yearly evaluation is focused on overall assessment of all professional competencies.

#### Satisfactory academic progress

#### I. Introduction

This policy has been established to ensure an acceptable period for completion of the academic program and the minimally accepted quality of performance.

#### II. Scope

This policy applies to all Graduate School and Counseling Psychology Students enrolled at the Universidad Ana G. Méndez Gurabo Campus.

#### III. General Requirements

#### A. Time Frame for completion of the Academic Program

Doctoral student will be allowed a maximum period of three (2) years of enrollment beyond the standard required for the completion of the program's five (5) years, for a total of seven (7). The total years for completion of a degree include those graduate courses accredited/transferred on admission to our program.

**Degree Time limitation (PsyD):** Every candidate for the PsyD must complete all program requirements within seven (7) years of acceptance into the program. Extensions for an

additional year to complete the PsyD degree during the 8th year should be addressed by the student to the Program Director of Psychology. The second request for an extension 9th year should be requested to and justified in writing for the approval of the Dean of the School of Social Sciences. Under no circumstances will an extension exceeding a two-year period be granted for completion of degree requirements.

<u>Program</u>	<u>Standard</u>	<u>Maximum</u>
Counseling Psychology Doctorate	5 years	7 years

**Caducity of Courses:** Due to the nature of the profession of psychology, current knowledge is of utmost importance to satisfy legal and ethical principles to ensure best practices. Therefore, course will be creditable for graduation up to seven (7) years from the date taken. Exception to this rule will be made to doctoral students who are enrolled in internship or doctoral project on their seven-final year.

- **Definition of a full time:** Psychology graduate students with an academic load of six (6) credits or more per semester or register in the full-time internship (CPSY 962), is considered a full-time graduate student.
- **Definition of less than half time:** Student with an academic load of less than six (6) credits per semester or in the part time internship (CPSY 961) will be considered a part-time student.

#### B. Completion of Program Requirements

#### 1. Course Requirement

a. Students must complete all courses within the established period. The Doctoral Program requires 94 credits.

#### 2. Performance Requirement

**a.** A student must complete each academic year with a minimum grade point average of 3.00. Any student failing to meet this standard of performance will be referred to the Faculty Review Board for evaluation and recommendation to the

#### 3. Comprehensive Examination

 Requirements: A Comprehensive Examination must be taken upon completion of the third year. A passing score in the exam is a requirement for granting the MPsy upon completion of all other requirements.

#### 4. Doctoral Degree: Doctoral Candidacy Examination (DCE)

 Approval of the Doctoral Candidacy Examination is required upon completion of the last academic year and before commencing the Internship.

#### 5. Doctoral Project Requirement

a. A Doctoral Project with oral defense is required for graduation.

#### 6. Doctoral Internship

a. A one-year full time (2,000 hours) internship is required, or two (2) year parttime basis.

#### 7. Professional Behavior Requirement

a. The students should conduct themselves in accordance with the norms for professional conduct set forth by Universidad Ana G. Méndez, the corresponding accreditation agencies, the Puerto Rico Psychology Licensing Board Policies and Code of Ethics, and the Clinical Practice Manual of the MPsy and PsyD Program.

#### IV. Grade Requirement

In order to graduate, the student must complete all requirements and maintain a minimum grade point average of 3.00.

- Passing grades for any and all courses of the Doctoral program in Counseling will be either "A" or 'B", or "P".
- Students who get grades of "C", "D", or "F" will have to repeat the course.
- Students, who get grades of "N/P", will have to repeat the course.
- No more than 2 courses can be repeated. Failure to obtain a passing score in more than 2 courses will be referred to the Faculty Review Board who will make a recommendation to the Program Director of dismissal unless extraordinary circumstance allow for a remedial plan.
- Repeated courses with "C" or lesser grades will remain on record, but the new grade will be used to compute the grade point average.
- A grade of "D" or "F" in any course will result in referral to the Faculty Review Board and considered for dismissal based on overall academic performance. The recommendation of the Board will be presented to the Program Director for final determination.
- Grades of "P" (Pass) or "N/P" (No Pass) are applicable to Practicum, Doctoral Project and Internship. A grade of "N/P" requires repetition. In case of a second "N/P" grade in the same Practicum, the student will be referred to the Faculty Review Board, who may make a recommendation for dismissal to the Program Director.

#### **Professional Ethics**

Faculty and Students of the Counseling Psychology Program are expected to follow the APA and Puerto Rico Psychology Licensing Board Code of Ethics, as well as applicable laws.

#### **Academic Dishonesty**

Students are expected to follow UAGM Code of Conduct. Additionally, they should comply with APA Ethics Code Standards, as well as Puerto Rico Licensing Board of Psychology Code of Ethics. Penalties for academic dishonesty may include suspension or expulsion from the program.

#### **Plagiarism**

Plagiarism is considered an Ethical violation (APA code of Ethics) and will not be tolerated form any psychology graduate student. Students are responsible to keep abreast of what constitutes plagiarism. The Program Director will refer any student suspected of plagiarism to a Faculty Committee to determine any course of action which may include suspension or expulsion from the program.

#### **Grievance Procedures**<sup>1</sup>

In the event that students may have concerns or complaints regarding any aspect of the program (faculty, courses, or other students), they must first try to resolve the issue with the person(s) involved. Is such action is not feasible or fails to resolve the issue, the student may then bring the issue before the attention of his professor, advisor, administrator, or any representative of the Psychology Program that the student understands may properly intervene. Administrators should be approached in the following sequence: a) course instructor/supervisor, (b) Program Coordinator, (c) Program Director, (d) Division Director, and (e) Dean of Academic Affairs' office.

Concerns/complaints may be relayed anonymously; however, this will place limits on the formal actions that may be taken.

#### **Remediation and Appeals Policies**

#### **Consequences of Unsatisfactory Academic Performance**

Unsatisfactory or unacceptable behaviors or performance in any facet of the program, including coursework, practicum, dissertation or other research, qualifying examinations, or internship will result in a full review by a faculty committee designated by the Program Director. The faculty review committee may recommend the Program Director actions such as; academic probation, Program Incompliance Supervision, remediation of a course or other academic requirement, additional supervision, psychotherapy, or termination from the program.

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<sup>&</sup>lt;sup>1</sup> Adapted from OLLU PsyD Handbook

#### **Program Incompliance Supervision and Termination**

Program Incompliance Supervision (PIS) is considered when serious concerns persist about a student's competence, professionalism, emotional stability or ethical practice. Formal supervision is determined by a consensus of the faculty following a meeting called by the Program Director to review a complaint (or complaints) against a student. Grounds for supervision include, but are not limited to: failure to make adequate progress in a remedial action plan; consistent lack of responsibility in one's professional duties at a practicum site; significant psychological or medical instability that interferes with the ability to deliver adequate services to clients or work with other staff and faculty; and a serious breach of APA code of ethics, the Puerto Rico Psychology Licensing Board Policies and Code of Ethics, the laws of psychological practice in the Commonwealth of Puerto Rico, or a violation of the student codes of conduct outlined in the UAGM Student Handbook.

When a student is placed on PIS, the faculty designates, with the approval of the Program Director, the length of the probationary status as well the requirements that must be met before the supervision status will be lifted. These conditions will be communicated verbally, in writing, and documented in the student's file, with copies going to the student, supervisor(s), advisor, training coordinator and Program Director. Failure to comply with the plan and make progress will result in dismissal from the program. If a decision is made to dismiss a student from the program, the student's advisor will conduct an exit interview.

#### **Psychotherapeutic Remediation**

In circumstances where professional or interpersonal conduct is a concern, the faculty may recommend psychotherapy with a licensed professional in the community at the student's expense. Because such extenuating circumstances usually involve extensive remediation, resumption in the program is normally contingent on successful completion of these requirements. Evidence of the student's remediation will be required from the treating therapist.

#### **Appealing a Formal Evaluation**

A student who disputes a course grade or other formal evaluation must appeal first to the course instructor, clinical supervisor, or other individual responsible for the evaluation. If the concern is not resolved at this level, the student must seek the advice of her or his advisor or Program Coordinator. If the student remains unsatisfied, he may appeal the decision, in writing, to the Program Director within 5 days. When the issue is of program competency incompliance, the student may appeal the Program Director decision to the Division Director within 5 days. When the issue is grade related, he/she might appeal the grade following UAGM

student manual procedures that allow for up to 30 days of the beginning of the following semester.

Students in the graduate psychology program at UAGM have a responsibility to address personal issues that may impair their own performance in academic or clinical training (practicum and internship), or may jeopardize the wellbeing of clients or peers. It is preferable for impairments to be dealt with through prevention or voluntary intervention. The faculty of the Psychology Program may occasionally be required to intervene and insist that a student take steps to remediate impairment issues. Impaired students will be treated respectfully and supportively. Although it is a goal of the faculty to help students reach their professional goals, it remains the primary responsibility of the faculty to protect the public, the student body, and the profession.

#### **Reporting Impairment**

Students are encouraged to discuss concerns about themselves and their perceptions about their ability to function in academic and clinical settings, or interpersonally with peers, supervisors, or faculty with any of the faculty or the Program Director.

Faculty, staff, supervisors, or students who are concerned about possible impairment in a graduate student should first talk directly with the student to express concerns about possible impairment and to encourage the student to remediate the problem voluntarily.

If the impaired student is unable or unwilling to talk about the concerns raised, then the concerns should be reported to the Program or Training Coordinator or the student's advisor. The person making this report should be prepared to provide specific behavioral examples that indicate a concern regarding impairment.

#### **Deciding on a Course of Action**

The Program Director will designate a faculty team that will convene to discuss the matter and to determine a course of action. If the faculty finds grounds to suspect impairment, they may recommend any of the following interventions that are appropriate to the assessment:

- (a) A modified plan of study that may include extra supervision, or more coursework,
- (b) A referral to an appropriate medical or mental health professional to evaluate and treat the student for the concerns presented (at the expense of the student),
- (c) A proposal that the student take a leave of absence, or
- (d) Any combination of the above.

#### **Student Follow-Through**

If the impaired student chooses to comply with the remediation plan, continued contact with the Program Coordinator should be maintained to ensure a return to good standing or active status in a timely manner. However, the committee may revise its remediation plan if the student fails to (a) comply with the original remediation plan, (b) successfully complete remediation, or (c) regain and maintain fitness after remediation. In the event of noncompliance, the faculty will recommend dismissal from the Program.

#### **Appeals Process**

Students who cannot resolve the concern informally or within the Department should follow the due process procedures outlined in the UAGM Student Handbook

#### **Comprehensive Examination and Doctoral Candidacy Examination**

The Counseling Psychology Program of the Universidad Ana G. Méndez uses two broad methods for the evaluation of the competencies developed throughout the program: The Comprehensive Examination (CE) and the Doctoral Candidacy Examination (DCE). The CE focuses on the assessment of the knowledge acquired on the foundation of the discipline and of the profession. The DCE is designed to assess clinical competencies related to clinical and psychological assessment and diagnosis, conceptualization and treatment planning.

Student in need of special accommodations for the exam must submit evidence to the UAGM Quality of Life and Student Wellness Associate Deanship. Approval and recommendations of such special needs MUST have been received in writing at the Psychology Program no later than 7 working days prior to the examination date.

#### **Comprehensive Examination (CE)**

The CE is usually offered to the students at the first semester of their third (3rd) year in the program. All students, even those transferring from other programs, must take and approve the CE.

The format of the CE is similar to the licensing examination prepared by the Psychology Licensing Board of Psychology of Puerto Rico or the SEPPP in the Mainland United States. It covers the following areas: Biological Bases of Behavior, History of Psychology and Ethics, Test Construction and Psychological Testing, Human Growth and Development, Motivation, Learning, Research and Statistics, Psychopathology, Psychotherapy, and Social Bases of Behavior. Students must obtain a general score of 70% to approve the CE. Failure to obtain a

global passing score of 70% will require the student to repeat the CE. A remedial plan may be written to assist students to address their deficiencies as detected from their performance. Each student will receive a letter notifying the scores obtained in the CE.

Each student will receive a letter notifying the scores obtained in the CEA. Students passing only one of the 2 exams (CE or CAE) and failing the other will only be required to retake the one they failed.

#### **Comprehensive Exam Revision and Repetition**

Students that are interested in a revision of the results of the comprehensive exam must do so in a written communication to the dean of the school within thirty (30) working days after receiving the results. The dean of the school in consultation with the coordinator of the program will revise the results. The dean will notify in written to the student the decision. If the student is not satisfied, it can make a written request to the Vice-Chancellor of Academic Affairs.

Students who do not approve the Comprehensive Examination have the opportunity to retake the exam up to two times within a two-year period. If a student fails to successfully complete the exam after three opportunities within the stipulated period, then his/her case will be evaluated by the dean of the school. The Dean may take into consideration any of the following options:

- 1. Authorize or deny a student request to take the exam a fourth time.
- 2. Ask the student to repeat all courses that are considered necessary in order to approve the exam on a fourth attempt.
- 3. Notify the student that it cannot continue in the program.

In any event, student must pass their CE and CAE within the 6-year maximum time period required to complete all graduation requirements, unless duly justified conditions did not allow for it. The Program Director will assess the appropriateness of the request. Students who fail to approve the examination as stipulated will be terminated from the program and no degree will be conferred.

#### Unjustified absence or tardiness to CE or CAE

A student should arrive 15 minutes before the established testing commencement time. Exam room doors will be closed at the scheduled time and no one will be allowed to enter afterwards. A student that does not attend the CE on the day assigned will have to wait until the next administration of the test, usually during the next semester.

#### **Doctoral Candidacy Examination (DCE)**

The Psy.D in Counseling Psychology Program of Universidad Ana G. Méndez uses the Doctoral Candidacy Examination (DCE), in addition to the Doctoral Project, to measure the competencies developed throughout the program. The DCE focuses on the assessment and application of the knowledge acquired on the discipline and of the profession and its application to clinical practice. The specific areas of research, ethics and clinical assessment, conceptualization and treatment planning are examined.

Student in need of special accommodations for the exam must submit evidence to the UAGM Quality of Life and Student Wellness Associate Deanship. Approval and recommendations of such special needs MUST have been received in writing at the Psychology Program no later than 7 working days prior to the examination date.

The DCE is offered to the students during the summer session of the third year in the program. All students must take the DCE, even those who are admitted after completing a master's degree in psychology program in another institution, or who have transferred from another doctoral program. Students must have approved 82 credits, including Doctoral Practicum I and II, to take the examination.

The DCE examines three (3) specific areas: Ethics, Clinical and Research. The candidate must analyze specific questions within each content area and produce responses in the appropriate format (essay for ethics; analysis for research; conceptualization and treatment planning for the clinical area).

Each section of the examination has a 1/3 value for a total of 100%. Students must obtain an established minimum score in each section of the exam and a general total score of 80%. Failure to obtain a global passing score of 80% will require the student to repeat all the components of the DCE. Students may only take the exam a maximum of three times in no more than 2 years. Failure to pass the exam three times will be cause for termination from the program.

A remediation plan will be elaborated with the student's advisor and other faculty members as assigned by the Program Director, to help the student overcome the deficiencies noted through the test.

Students who do not approve the Doctoral Candidacy Examination have the opportunity to retake the exam up to two times within a two-year period. If a student fails to successfully

complete the exam after three opportunities within the stipulated period, then his/her case will be evaluated by the dean of the school. The Dean may take into consideration any of the following options:

- 1. Authorize or deny a student request to take the exam a fourth time.
- 2. Ask the student to repeat all courses that are considered necessary in order to approve the exam on a fourth attempt.
- 3. Notify the student that it cannot continue in the program.

In any event, the student must pass the DCE within the maximum 7-year period allowed to complete all doctoral program requirements, unless duly justified conditions did not allow for it. The Program Director will make a determination as to the appropriateness of the request. Students who fail to approve the examination as stipulated will be terminated from the program and no degree will be conferred.

Each student will receive a letter notifying the scores obtained in the DCE.

All students must approve the DCE prior to beginning their pre-doctoral internship.

#### Unjustified absence or tardiness to DCE

A student should arrive 15 minutes before the established testing commencement time. Exam room doors will be closed at the scheduled time and no one will be allowed to enter afterwards. A student that does not attend the DCE on the day assigned will have to wait until the next administration of the test, usually during the next semester.

#### **Honor Code**

The DCE is a complex assessment method elaborated by the faculty of the program and implemented through a complete staff of employees. They are costly and time consuming in terms of preparation, implementation, scoring and reporting. Therefore, any violation to the honor code is considered a serious offense that will usually carry a dismissal from the School. Violations include, cheating during the DCA or sharing the content of the tests to other students or persons. Copying test information by any means, electronically, digitally, written, photographed, or otherwise will carry immediate suspension from the test and from the program.

#### Internship

A major objective of the Universidad Ana G. Méndez (UAGM) Counseling Psychology Training Program is to enable the student to acquire those competencies necessary for the practice of counseling psychology, including: assessment, diagnosis, psychotherapeutic and

intervention. In addition, the program strives to enhance the student's professional development through identification with health service psychology as a professional specialty and incorporation of American Psychological Association (APA) ethical principles and standards for practice. A component of the program necessary for meeting these objectives includes a minimum 2000-hour internship experience. The Internship provides the student a systemic increase in knowledge and clinical competencies necessary for the practice of the profession.

All students will apply thru the APPIC match systems, using AAPI online (www.appic.org). Candidates must apply to APA Accredited internship programs as the first options, APPIC member internship programs as the second options and, non-APPIC member internship programs as the last resources with the approval of the Program Director. The Program Director will review the application and will discussed in a faculty meeting to assure that the candidate complies with all the minimum academic requirements and, personal and professional competencies to begin the internship. Once the faculty acknowledges that the student is able to begin internship, the Program Director will certify the application.

If the candidate is applying for a Non-APPIC member Internship program or requesting a new internship site, the student needs to notify the Program Director for evaluation and approval of the center. New and Non-APPIC internship programs had to comply with the requirements to assure a minimum quality of training standard established by the Counseling Psychology Graduate Program.

# **Doctorate in Counseling Psychology (Psy.D.)**

The doctoral curriculum is geared to enhance to an advanced level of competencies required at the doctoral level, which requires the integration of science to practice, application of ethical standards and life-long learning skills.

Psy.D programs are focused on developing skills for professional practice in clinical settings. However, since it is of utmost importance that practitioners have the skills to integrate scientific knowledge to their practice, specifically in pursue of evidenced-based treatment interventions, students must demonstrate such competency by way of producing a doctoral project in which such competencies are shown to be mastered.

# CURRICULUM PsyD (2021)

(94 Credits)

	(54 Cledits)			
	A. Required Courses in Psychology (27 Credits)			
Code	Name of Course	Credits		
PSYC 500	Human Growth & Lifespan Development	3		
PSYC 501	Social Basis of Behavior	3		
PSYC 503	Theories of Personality	3		
PSYC 504	Psychopathology	3		
PSYC 508	Test Construction: Theory & Application	3		
PSYC 520	Biological Basis of Behavior	3		
PSYC 806	History and Systems in Psychology	3		
PSYC 810	Advanced Psychopathology	3		
PSYC 815	Cognitive and Affective Bases of Behavior	3		
PSYC 831	APA Style: Advanced	0		
	B. Required Specialization Courses (30 Credits)			
Code	Name of Course	Credits		
CPSY 601	Found Tech Counseling Psychology	3		
CPSY 804	Professional Issues in Counseling Psychology	2		
CPSY 832	Evidence Based Practices in Individual Counseling	3		
CPSY 833	Advanced Group Counseling	3		
CPSY 834	Marriage and Family Counseling	3		
PSYC 505	Cognitive Assessment	4		
PSYC 801	Ethics and Professional Standards	3		
PSYC 820	Objective Personality Assessment	3		
PSYC 840	Diversity: Culture, Ethnicity, Gender & Race	3		
PSYC 938	Consultation & Supervision	3		
	C. Required Practicum Courses (14 Credits)			
Code	Name of Course	Credits		
PSYC 550	Practicum I	3		
PSYC 551	Practicum II	3		
CPSY 904*	Advanced Practicum I	2		
CPSY 907*	Advanced Practicum II	2		
CPSY 908*	Advanced Practicum III	2		
CPSY 909*	Advanced Practicum IV	2		
	D. Required Research Courses (9 Credits)			
Code	Name of Course			
PSYC 502	Applied Statistics in Psychology	3		
PSYC 530	Method and Techniques in Psychological Research	3		
PSYC 930	YC 930 Qualitative & Quantitative Methods & Statistical Design			
	·			

TEST 500-1	Comprehensive Exam	0
TEST 800	Doctoral Candidacy Exam	0
	E. Doctoral Project (2 Credits)	
Code	Name of Course	Credits
CPSY 957	Doctoral Project I	1
CPSY 958	Doctoral Project II	1
	F. Internship (3 - 4 Credits)	
Code	Name of Course	Credits
CPSY 962	Full Time Internship OR	3
CPSY 961	Part Time Internship	4
	E. Counseling Psychology Directed Elective Courses (9 Credits)	
Code	Name of Course	Credits
CPSY 603	Systemic Counseling	3
CPSY 605	Psychological Interventions with Children and Adolescents	3
CPSY 615	Cognitive Therapy	3
CPSY 625	Sexual Assault Counseling	
CPSY 630	Career and Occupations Counseling	
CPSY 700	Atypical Sexual Behaviors	3
CPSY 710	Animals as Co-therapist	3
CPSY 720	Psychological Counseling in Cases of Drug/Alcohol Abuse	3
CPSY 728	Psychological Intervention with LGBTT Individual	3
CPSY 738	Sexual Counseling and Therapy	3
PSYC 704	Psychopharmacology	3
PSYC 725	Neuropsychological Evaluation	3
PSYC 730	Projective Personality Assessment	4
CPSY 905	Advanced Practicum Elective	2
PSYC 936	Program Evaluation Methods	3

## Universidad Ana G.Mendez, Gurabo Campus

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		Cou	inseling Psycholo	gy Doctoral	Program		
			Course Se	equential			
Code	Course Name	Credits	Pre-Requisites	Code	Course Name	Credits	Pre-Requisites
			First	Year			
	First Semester; First Term				Second Semester; First Term		
PSYC 806	History and Systems in Psychology	3		PSYC 504	Psychopathology I	3	
PSYC 500	Human Growth & Lifespan Development	3		CPSY 601	Found, Model & techniques in Couns. Psych	3	
	First Semester; Second Term				Second Semester; Second Term		
PSYC 520	Biological Basis of Behavior	3		CPSY 804	Professional Issues in Psychology	2	
PSYC 503	Theories of Personality	3		CPSY 832	Evidence Based Practices	3	CPSY 601
	Semester Courses				Semester Courses		
PSYC 550	Practicum I	3		PSYC 551	Practicum II	3	PSYC 550
	Total	15			Total	14	
	Summer 1						
PSYC 800	Ethics and Professional Issues	3					
	Total	3					
			Secon	d Year			
	First Semester; First Term			Second Semester; First Term			
PSYC 502	Applied Statistics in Psychology	3		PSYC 810	Advanced Psychopathology	3	PSYC 504
PSYC 501	Social Psychology	3					
	First Semester; Second Term				Second Semester; Second Term		
PSYC 508	Test Construction	3	PSYC 502	PSYC 530	Research in Psychology	3	PSYC 502
	Semester Courses				Semester Courses		
PSYC 840	Diversity: Culture, Ethnicity, Gender & Race	3		PSYC 505	Cognitive Assessment	4	PSYC 504,508
CPSY 904	Advanced Doctoral Practicum I	2	PSYC 551	CPSY 957	Doctoral Project I	1	
				CPSY 907	Advanced Doctoral Practicum II	2	CPSY 904
	Total	14			Total	13	

			Third	Year						
First Semester; First Term					Second Semester; First Term					
CPSY 833	Group Psychological Counseling	3		CPSY 834	Marriage and Family Counseling	3				
First Semester; Second Term				Second Semester; Second Term						
PSYC 930	Advanced Research in Psychology	3	PSYC 530							
PSYC 815	Cognitive and Affective Bases of Behavior	3	PSYC 520							
Semester Courses				Semester Courses						
CPSY 908	Advanced Doctoral Practicum III	2	CPSY 907	CPSY 909	Advanced Doctoral Practicum IV	2	CPSY 908			
				PSYC 820	Objective Personality Assessment	3	PSYC 505			
				CPSY 958	Doctoral Project II	1	CPSY 957			
	Total	11			Total	9				
	Summer 1				Summer 2					
TEST 500-1	Comprehensive Exam Part 1	0								
TEST 800	Candidacy Exam	0								
			F	W						
	Fourth					1 CPSY 957 al 9				
	First Semester; First Term				Second Semester; First Term					
PSYC 938	Consultation & Supervision	3			Elective	3				
	Elective	3			Elective	3				
	Total	6			Total	6				
			Fifth '	Year						
First Semester				Second Semester						
CPSY 962	Internship – Full time, one year or		TEST 800, CPSY 957	CPSY 962	Internship – Full time, one year or	3				
CPSY 961	Internship – Part Time, two years			CPSY 961	Internship – Part Time, two years)					

The faculty of the Graduate Psychology Program reserves the right to modify this Handbook at any time when appropriate, due to legal, policy, ethical, or other justified circumstances.

The faculty of the graduate program in Counseling Psychology of the Universidad Ana G. Méndez expresses its appreciation for the collaboration and contributions made in the self-study and preparation of this *Counseling Psychology Graduate Student Handbook* by the following programs:

- i. Our Lady of the Lake University (OLLU) -Counseling Psychology PsyD
- ii. St. Thomas University, Counseling Psychology PsyD
- iii. Carlow University, Counseling Psychology PsyD
- iv. Marquette University Counseling Psychology PhD
- v. Ponce School of Medicine Clinical Psychology PsyD

Rev. January 2021

# Appendix A: Course sequential for students admitted with a master's degree in Counseling, Clinical or School Psychology

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Counseling Psychology Doctoral Program										
Suggested Course Sequential for Student Admitted with a Master Degree in Psychology										
Code	Course Name	Credits	Pre-Requisites	Code	Course Name	Credits	Pre-Requisites			
	First Year									
First Semester				Second Semester						
PSYC 806	History and Systems in Psychology	3		PSYC 551	Practicum II	3	PSYC 550			
PSYC 550	Practicum I	3		CPSY 832	Evidence Based Practices	3	CPSY 601			
PSYC 815	Cognitive and Affective Bases of Behavior	3	PSYC 520	PSYC 804	Professional Issues in Psychology	2				
	Total	9				8				
	Summer 1			Summer 2						
PSYC 801	Ethics and Professional Issues	3								
	Total	3			Total	0				
			Second	Year						
First Semester				Second Semester						
CPSY 904	Advanced Doctoral Practicum I	2	PSYC 551	PSYC 810	Advanced Psychopathology	3				
PSYC 840	Diversity: Culture, Ethnicity, Gender & Race	3		CPSY 907	Advanced Doctoral Practicum II	2	CPSY 602			
CPSY 833	Group Psychological Counseling	3		CPSY 957	Doctoral Project I	1				
				PSYC 820	Objective Personality Assessment	3	PSYC 505			
	Total	8			Total	9				
Summer 1				Summer 2						
TEST 800	Comprehensive/Candidacy Exam Part 2									

Third Year									
First Semester					Second Semester				
					CPSY 834	Marriage and Family Counseling	3		
CPSY 908	Advanced Doctoral Practicum III	2	CPSY 907		CPSY 909	Advanced Doctoral Practicum IV	2	CPSY 908	
PSYC 930	Advanced Research in Psychology	3			CPSY 958	Doctoral Project II	1	CPSY 957	
PSYC 938	Consultation & Supervision	3				Elective	3		
	Elective	3				Elective	3		
	Total	11				Total	12		
	Summer 1				Summer 2				
			Fou	rth \	Year				
First Semester					Second Semester				
	Internship – Full time, one year (2,000		TEST 800,		CPSY	Internship – Full time, one year			
CPSY 962	hours) or		CPSY 957		962	(2,000 hours) or	3		
	Internship – Part Time, two years (2,000					Internship – Part Time, two years			
CPSY 961	hours)				CPSY 961	(2,000 hours)			
	Total	0				Total	3		